

5 Day Acting Course

Tutor: Rufus Norris

This five or six-day intensive acting course will take participants through a rigorous and concentrated programme of workshops to focus their acting skills.

The sessions will be almost entirely practical, moving from a stripped-back examination of how we present ourselves, through pragmatic application of dynamic choice to detailed script analysis. Participants will be fully involved throughout, usually physically, and will have the muscles of their craft stretched, their bad habits exposed, and their commitment tested and celebrated in equal measure.

The course may follow this plan:

Day 1 Communication and Commitment

A crash-course in open, honest and committed communication, with ensemble and group building work, playful but demanding

Day 2 Action and Intention

What do you want, and How are you going to get it? The basic wants and desires that drive every human, and the endless variations in how they are pursued

Day 3 Script Analysis 1

How to explore a script quickly and effectively, understanding the writer's intentions and finding a structure to support your own. Making creative decisions.

Day 4 Script Analysis 2 - Rhythm and Dynamics

Understanding the promise in a script, the endless dynamic possibilities that are there, and starting to explore and celebrate those.

Day 5 Character

A physical and psychological approach to creation of character, both in the context of scenes, and through physical creative exercises

Day 6 Open

Rufus Norris Biography Director

Rufus Norris is a multi award-winning director who has built a reputation in the UK and abroad as one of Britain's most imaginative and individual theatre practitioners. Past productions include:

Awards

<i>Les Liaisons Dangereuses</i>	Nominated for Best Revival, Tony Awards Nominated for Best Director and Best Revival, Outer Critics Circle Awards
<i>Festen</i>	Best Director, Evening Standard Awards Best Director, Critics Circle Awards Nominated for Best Director, Olivier Awards Nominated for South Bank Show Award
<i>Cabaret</i>	Nominated for Best Musical Production, Olivier Awards Best Musical, Variety Club Awards
<i>Afore Night Come</i>	Outstanding Newcomer, Evening Standard Awards
<i>Small Change</i>	Peter Brook Empty Space Award for Crucible Studio Season Arts Foundation Fellowship, 2002

Teaching

Workshops in Acting, Directing, Writing, Devising, Script Analysis, and Adaptation for the National Theatre, Royal Court, Young Vic, British Council and others, in UK and worldwide.
Acting classes for The English National Opera Baylis Programme 1998-05

Other experience

Training : RADA 1986-89 (Acting), several years working as an actor in Britain and Europe
Founder of The Bloody Nightmare Co.(music). Over twenty soundtracks written for theatre, dance, and tv.

Positions held

Young Vic Theatre, Associate Director 2002-07
Wink, Artistic Director 1992 – 1999 London-based theatre company
Arts Threshold, Artistic Director 1993-95 Producing Fringe theatre (London)
Royal Court Theatre, Assistant Director 1996-97 (Arts Council Bursary)